



# CALL FOR ABSTRACTS

## ASIAN CONFERENCE

### FOR FRAILITY AND SARCOPENIA

### (ACFS) 2026

 December 5–6, 2026  Kathmandu, Nepal

**“Towards Building Strength and Vitality in  
Old Age for Healthy Aging”**

#### About the Conference

The Asian Conference for Frailty and Sarcopenia (ACFS) 2026 will be held in Kathmandu, Nepal, bringing together researchers, clinicians, and public health professionals to advance knowledge and practice in frailty, sarcopenia and healthy aging across Asia and beyond.

#### Call for Abstracts

We invite submission of abstracts for  
**Oral and Poster Presentations.**

- Abstracts not selected for oral presentation will be automatically considered for poster presentation.

#### Submission Guidelines:

- Maximum length: 400 words
- Title
- Authors and Affiliations
- Presentation Category (Oral or Poster)
- Introduction
- Methods
- Results
- Conclusion
- Keywords

**All abstracts/queries should  
be submitted by email to:**  
[acfs2026nepal@gmail.com](mailto:acfs2026nepal@gmail.com)

#### Join us in Kathmandu

Contribute your research and be part of  
advancing **strength, vitality, and healthy**  
aging across Asia.

#### Important Date:

**Abstract Submission Deadline:**

**June 1, 2026**

#### Submission Categories:

Frailty, Sarcopenia: (Epidemiology, Biology, Clinical Practice and Public Health Aspects, Multiple Dimensions of Frailty/Sarcopenia, Clinical Trials and Therapeutics, Nutritional Aspects, Physical/Cognitive Exercise, Body Composition, New Technologies), Intrinsic Capacity and ICOPE, Geroscience, Healthy Aging Approaches, Geriatrics and Aging